Letter to the Editor

Recent biochemical and morphological investigations for ichthyosis vulgaris

Sir,

Recently progress Ichthyosis vulgaris is a skin condition which causes dry, dead skin cells to accumulate in patches on the upper surface of your skin. It’s also called as “fish scale disease or "Autosomal dominant ichthyosis” because the dull skin accumulates in a related pattern to a fish’s scales. The majority of cases are mild and confined to specific areas of the body. Still, a few cases are chronic and can cover large areas of the body, including the abdomen, back, arms, and legs. It is due to renal failure, cancer and thyroid disease. It occurs along with atopic dermatitis (eczema) or keratosis pilaris.

Treatment which may reduce scaling if we using Vitamin A and lactic acid and other alpha hydroxy acids which moisturize skin and nicotinic acid.

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References